



August 9, 2023

Dear Parents,

Young Hearts for Life® (YH4L) is pleased to offer all **Downers Grove South High School** students a free, potentially life-saving ECG screening on **Tuesday, September 12, 2023**. Parent/Guardian pre-authorization is necessary for a student to be screened.

YH4L, the largest ECG screening program in the United States, will provide a FREE heart screening called an electrocardiogram (ECG) to identify high school students at risk for Sudden Cardiac Death (SCD). More than 60 young adults die each week in the United States from SCD. Since 2006, YH4L has screened over 300,000 students and has identified more than 3,100 with previously undiagnosed heart conditions. **Please be aware that repeat ECG testing is recommended every two (2) years.**

A simple, painless, and non-invasive ECG can detect approximately 70% of the heart conditions that are associated with SCD, while a pre-participation physical can only detect 4% of these conditions. **The false positive rate for our program is less than 2%.** Additional evaluation and testing by your physician may be recommended.

We want to assure you that students' confidentiality, privacy, and individual modesty will be respected throughout all aspects of the program.

- Students are given a designated time by the school to come to the screening area.
- Trained volunteers attach electrodes to the students' chest and limbs in preparation for the ECG.
- Clothing is not removed.
- The ECG machine monitors the electrical activity of the heart and prints out the information about heart rate and rhythm.
- A trained cardiologist then interprets the printed ECG.
- Student results are available 2-3 weeks after the screening via a secure link that is sent to the parent/guardian email.
- Results are NOT shared with the school or district.

The Young Hearts For Life® cardiac screening is FREE to all St. Laurence students through the generosity of **Kenneth Brooks Holland Memorial Fund of the DuPage Foundation, EKGs for EGK, and YH4L Donors.**

To learn more about YH4L and to register your child for this lifesaving screening, please visit our website at www.yh4l.org. Young Hearts for Life is a 501C3 tax- exempt organization. If you have questions, please contact us at 630-785-4366.

Sincerely,

A handwritten signature in black ink, appearing to read "Frank Zimmerman".

Frank Zimmerman, MD
Medical Director, Young Hearts for Life®
Cardiologist, Advocate Medical Group


A handwritten signature in black ink, appearing to read "Joseph Marek".

Joseph Marek, MD
Founder, Young Hearts for Life®
Cardiologist, Advocate Medical Group



Downers Grove South High School
Free ECG Screening
Tuesday, September 12, 2023

TO REGISTER YOUR STUDENT FOR THIS FREE SCREENING:

Go to [Student Registration for YH4L ECG screening](#) OR scan the QR code with your phone's camera  ***Student ID # is needed for registration!***



Sign-up to VOLUNTEER:

Thank you for your interest in helping us provide ECG screenings to the students at DGS HS on Tuesday, September 12, 2023. Over 150 volunteers are needed for this event!

New volunteers must attend one of the full training sessions held on Monday, 9/11. You do not need to attend training if you volunteered with YH4L in 2021-2023.

1. Click this link to go to our invitation page on SignUp.com:
<https://signup.com/go/ejeVxut>
 2. Enter your email address (You do NOT need to create an account)
 3. Sign up for your training session **AND** your screening day shift!
- SignUp.com will send you an automated confirmation and reminders.*

Thank you!

If you have any questions, please contact:

Scott Lange – slange@csd99.org or Mary Roe – mroe@csd99.org

**For more information about YH4L, please visit our website, YH4L.org*