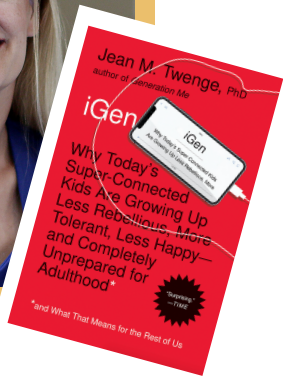
GPS GLENBARD PARENT SERIES
Navigating Healthy Families

Community HIGH SCHOOL District 99

College of DuPage Series

JEAN TWENGE

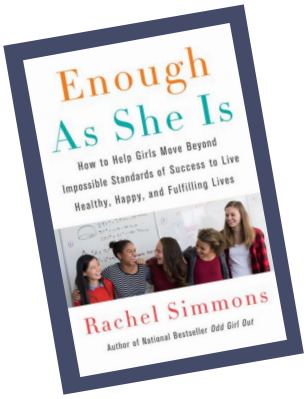


Friday, September 20, 2019

iGen: *Why Today's Hyper-Connected Kids are Growing Up Less Happy and Completely Unprepared for Adulthood*

7:00 p.m.
College of DuPage, Student Resource Center (SRC)

RACHEL SIMMONS



Enough As They Are: *Helping Teens Move Beyond the Impossible Standards of Success*

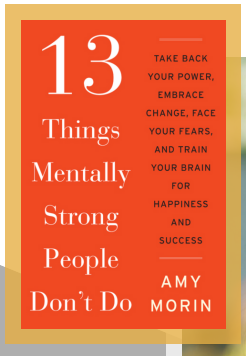
Tuesday, September 24, 2019

7:00 p.m.
College of DuPage, McAninch Arts Center (MAC)

Wednesday, September 25, 2019

Noon, Marquardt Administration Center

AMY MORIN



Wednesday, January 29, 2020

13 Things Mentally Strong Parents Don't Do: *Raising Self-Assured Children and Training Their Brains for a Life of Happiness, Meaning, and Success*

7:00 p.m.
College of DuPage, McAninch Arts Center (MAC)

Thursday, January 30, 2020

13 Things Mentally Strong People Avoid *and How You Can Become Your Strongest and Best Self*

Noon, Marquardt Administration Center

The Glenbard Parent Series: ***Navigating Healthy Families*** is generously sponsored by the College of DuPage, the Emmy Gaffey Foundation, the DuPage County Prevention Leadership Team, C.A.S.E., the Glenbard Early Childhood Collaborative, the Cebrin Goodman Center, the Birth to 5 Community Coalition, the DuPage Medical Group, and the Carol Stream Holiday Inn and Suites, with additional support from the DuPage Regional Office of Education.

GPS programs are FREE and open to all.

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